## Health Science (B.S.H.S) — Pre-Chiropractic 2025-2026 Academic Catalog, Bachelor of Science in Health Science – Health Science, Pre-Chiropractic Concentration

	Core for B.S.H.S. 40 H	lours	ricaltii Stie	nce - Pre-Chiropractic	58 Hours
CHRISTIAN STUDIES		6	HEALTH SCIENCE FOUNDATION		10
CSBS 1311	Engaging the Old Testament	3	EXSS 2335	Introduction to Health Sciences	
CSBS 1312	Engaging the New Testament	3	BIOL 2340	Human Anatomy & Physiology I	:
			BIOL 2140	Human Anatomy & Physiology I Lab	
ENGLISH		9	EXSS 2353	Lifespan Nutrition	
ENGL 1321	Rhetoric & Composition I	3	EXSS 3390	Anatomical Kinesiology	
ENGL 1322	Rhetoric & Composition II	3	EXSS 3395	Physiology of Exercise	
ENGL	Literature	3	EXSS 4050	EXSS Assessment	
A grade of a "C"	or higher is required in ENGL 1321 and ENGL 1322.		EXSS 4344	Leadership in Health Science	
EXERCISE & SPC	ORT SCIENCE	2	PSYC 1301	General Psychology	
EXSS 3135	Advanced Resistance Training	<u>=</u>	EXSS 3135	Advanced Resistance Training	
2,000 0 100	Select one:	_	EVCC 24.07	Select one:	
EVCC 2107		1	EXSS 3107	Advanced Cardiovascular Training	
EXSS 3107	Advanced Cardiovascular Training	1	EXAC 4120	Marathon and Half-Marathon Training	
EXAC 4120	Marathon and Half-Marathon Training	1	-	'S 2353, PSYC 1301, EXSS 3107/4120, and EXSS 313	5 are already
A grade of "C" o	r higher is required in this section		accounted for in t	he Academic Core.	
FINE ARTS — SELECT ONE		3	HEALTH SCIENCE MAJOR		1
ARTS 1310	Drawing I	3	EXSS 2345	Human Anatomy	
ARTS 1320	Design	3	EXSS 2355	Medical Terminology	;
ARTS 1350	Art Appreciation	3	EXSS 3357	Pharmacology	
	• • • • • • • • • • • • • • • • • • • •		EXSS 3396	Physiology of Exercise II	
ARTS 2360	Ceramics I	3	EXSS 4360	Pathophysiology of Chronic Disease	
COMM 2335	Film Appreciation	3	EXSS 4103	Seminar in Health Sciences	
FINA 2330	Exploring the Fine Arts	3	DDE CUIDODE	A CTIC CONCENTRATION	-
MUSI 1340	Music Appreciation	3		RACTIC CONCENTRATION	3
THEA 2350	Theatre Appreciation	3	BIOL 1150	Biology for Science Majors Lab	
			BIOL 1350	Biology for Science Majors	
WORLD CULT		3	BIOL 3175	Human Physiology Lab	
EXSS 2353	Lifespan Nutrition	3	BIOL 3375	Human Physiology	;
			CHEM 1410	General Chemistry I	4
AB SCIENCE		4	EXSS 3170	Health Science Clinical I	
BIOL 2141	Human Anatomy & Physiology II Lab	1	EXSS 4170	Health Science Clinical II	
BIOL 2341	Human Anatomy & Physiology II	3	EXSS 4335	Biomechanics of Human Movement	
			EXSS 4351	Rehabilitation and Therapeutic Exercise	!
PUBLIC SPEAKIN	NG	3	EXSS 4394	Exercise Testing and Prescription	
COMM 1320	Public Speaking	3	MATH 1320 PHYS 2411	Pre Calculus General Physics I	
		_		better are required in all courses in the Pre-Chiropi	
MATHEMATICS		<u>3</u>			
MATH 1306	College Algebra	3	(including required support courses and required courses from other departments.)  At 60 hours a minimum cumulative 3.2 GPA is required. A student that has a GPA lo		
SOCIAL SCIEN	CE	3	3.2 will be required to change their major.		
PSYC 1301	General Psychology	3	•	,	
UC LUCTORY O	OD LIC COVERNMENT CELECT ONE	•	ELECTIVES		1
	OR US GOVERNMENT – SELECT ONE	<b>3</b>		ours of electives to reach your 120 minimur	
HIST 2311 HIST 2312	American History to 1877  American History since 1877		Tou ficcu 10 fic	ours of electives to reach your 120 minimum	ii i cquii cu iii s
	United States Government	3			
POLS 2305 POLS 2306	Texas State and Local Government	3 3	Total Hours		
OL3 2300	Texas state and Local Government	3		for B.S.H.S. Health Science	4
FRESHMAN SEMINAR		1	Health Science Foundation 1		
JMHB 1101			Health Science Major		1
OMILID TIOT LIEZHINGH SEHINGA		-	Pre-Chiropractic Concentration		3
CHAPEL-1 to 4	credits		Electives		1
JMHB 1002	Chapel		Total hours red	quired for graduation	12
	and the Complite		Additional Cra	duation Requirements	
Fine Δrts Evneri	ence – 7 to x credits				
				•	2
	Fine Arts Experience		Minimum Uppe	er Level hours	
Fine Arts Experie JMHB 1005			Minimum Uppo Minimum hour	•	3 3 2

## Health Science (B.S.H.S) — Pre-Chiropractic 2025-2026 Academic Catalog, Bachelor Science in Health Science – Pre-Chiropractic – DEGREE SEQUENCE

FRESHMAN FALL		16 Hours	FRESHMAN SPRING		16 Hours
ENGL 1321	Rhetoric & Composition I	3	ENGL 1322	Rhetoric & Composition II	3
CSBS 1311	Engaging the Old Testament	3	CSBS 1312	Engaging the New Testament	3
MATH 1306	College Algebra	3	MATH 1320	Pre Calculus	3
COMM 1320	Public Speaking	3	EXSS 2353	Lifespan Nutrition	3
EXSS 2335	Introduction to Health Sciences	3	PSYC 1301	General Psychology	3
UMHB 1101	First Year Seminar	1	EXSS 3170	Health Science Clinical I	1
UMHB 1002	Chapel	0	UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0	UMHB 1005	Fine Arts Experience	0
SOPHOMORE FALL		17 Hours	SOPHOMORE	SPRING	16 Hours
BIOL 2340	Human Anatomy & Physiology I	3	BIOL 2141	Human Anatomy & Physiology II Lab	1
BIOL 2140	Human Anatomy & Physiology I Lab	1	BIOL 2341	Human Anatomy & Physiology II	3
BIOL 1350	Biology for Science Majors I	3		US History or US Government	3
BIOL 1150	Biology for Science Majors I Lab	1	EXSS 2345	, Human Anatomy	3
	Fine Arts	3	EXSS 3135	Advanced Resistance Training	1
ENGL	Literature	3	EXSS 4170	Health Science Clinical II	1
EXSS 3390	Anatomical Kinesiology	3	CHEM 1410	General Chemistry I	4
UMHB 1002	Chapel	0	UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0	UMHB 1005	Fine Arts Experience	0
	, me , me Experience	O	OWITE 1003	The Arts Experience	U
JUNIOR FALL		14 Hours	JUNIOR SPRIN	ıg	16 Hours
JUNIOR FALL	Elective	<b>14 Hours</b> 3	JUNIOR SPRIM EXSS 3396	IG  Physiology of Exercise II	<b>16 Hours</b>
EXSS 3395	Elective Physiology of Exercise	<b>14 Hours</b> 3 3	JUNIOR SPRIM EXSS 3396 EXSS 2355	Physiology of Exercise II  Medical Terminology	<b>16 Hours</b> 3 3
EXSS 3395	Elective	<b>14 Hours</b> 3 3 1	JUNIOR SPRIM EXSS 3396	Physiology of Exercise II  Medical Terminology  Exercise Testing and Prescription	<b>16 Hours</b> 3 3
EXSS 3395 EXSS 3107	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology	14 Hours 3 3 1 3	JUNIOR SPRIM EXSS 3396 EXSS 2355	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences	16 Hours 3 3 3 1
EXSS 3395 EXSS 3107 EXSS 3357	Elective Physiology of Exercise Advanced Cardiovascular Training	14 Hours  3 3 1 3 1	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394	Physiology of Exercise II  Medical Terminology  Exercise Testing and Prescription	16 Hours 3 3 3 1 6
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology	14 Hours 3 3 1 3	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences	16 Hours 3 3 3 1 6
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175 BIOL 3375 UMHB 1005	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology Human Physiology Lab	14 Hours  3 3 1 3 1	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394 EXSS 4103	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences Electives	16 Hours 3 3 3 1 6
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175 BIOL 3375	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology Human Physiology Lab Human Physiology	3 3 1 3 1 3 3 3 3 1 3 3 1 3 3 1 3 3 3 3	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394 EXSS 4103	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences Electives Fine Arts Experience	3 3 3 1 6 0 0
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175 BIOL 3375 UMHB 1005	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology Human Physiology Lab Human Physiology	3 3 1 3 1 3 0	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394 EXSS 4103 UMHB 1005	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences Electives Fine Arts Experience	3 3 3 1 6 0 0 12 Hours
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175 BIOL 3375 UMHB 1005  SENIOR FALL PHYS 2411	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology Human Physiology Lab Human Physiology Fine Arts Experience	3 3 1 3 1 3 0 13 Hours	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394 EXSS 4103 UMHB 1005  SENIOR SPRIM EXSS 4360 EXSS 4351	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences Electives Fine Arts Experience	16 Hours 3 3 3 1 6 0 12 Hours 3 3
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175 BIOL 3375 UMHB 1005  SENIOR FALL PHYS 2411 EXSS 4344	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology Human Physiology Lab Human Physiology Fine Arts Experience	14 Hours  3 3 1 3 1 3 0  13 Hours	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394 EXSS 4103 UMHB 1005	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences Electives Fine Arts Experience  Pathophysiology of Chronic Disease Rehabilitation and Therapeutic Exercise EXSS Assessment	16 Hours 3 3 3 1 6 0 12 Hours 3 3 0
EXSS 3395 EXSS 3107 EXSS 3357 BIOL 3175 BIOL 3375 UMHB 1005	Elective Physiology of Exercise Advanced Cardiovascular Training Pharmacology Human Physiology Lab Human Physiology Fine Arts Experience  General Physics I Leadership in Health Science	14 Hours  3 3 1 3 1 3 0  13 Hours 4 3	JUNIOR SPRIM EXSS 3396 EXSS 2355 EXSS 4394 EXSS 4103 UMHB 1005  SENIOR SPRIM EXSS 4360 EXSS 4351	Physiology of Exercise II Medical Terminology Exercise Testing and Prescription Seminar in Health Sciences Electives Fine Arts Experience	16 Hours

**Total Credit Hours: 120**